

# Call for Abstracts

**Deadline for receipt is September 15th 2010**  
(send your proposal by email to the IPSA secretary, [info@pedsleep.org](mailto:info@pedsleep.org))

To submit an abstract of investigative work, carefully review all abstract submission information.

Abstracts are limited to **300 words** and must conform to the following outline:

1. Title
2. Authors and Institutions
3. Introduction
4. Methods
5. Results
6. Conclusion
7. Support (optional)

Each author must disclose and resolve all significant relationships with commercial companies.

All abstracts must be submitted electronically by email at the address [info@pedsleep.org](mailto:info@pedsleep.org)  
**Online submission will begin June 10, 2010 with a final deadline to submit on September 15th 2010.**

Abstracts will be accepted either as oral or poster presentation. All abstracts will be peer-reviewed and evaluated by the Scientific Committee that will reserve the right to assign abstracts to oral presentation or to poster presentation.

Acceptance notifications will be sent to the contact author via e-mail until **October 1st, 2010**.

**Oral presentations** will involve a **10-minute presentation** followed by 5 minutes for questions. All oral presentation speakers are required to upload their presentation(s) in the Speaker Ready Room. Further information and instructions will be provided in advance of the meeting.

**Poster presentations** involve display of a poster **measuring no larger than 120 x 120 cm**, assembled by 8:00 am on the day of the presentation and remaining on display until 5 pm.

Accepted abstracts will be published and copyrighted in a special issue of the journal Sleep Medicine.

## PRELIMINARY PROGRAM

### FACULTY MEMBERS

Alves R. (Brazil)	Kheirandish Gozal L. (USA)	Kohyama J. (Japan)
Bruni O. (Italy)	Guilleminault C. (USA)	Mindell JA. (USA)
Chervin R. (USA)	Horne R. (Australia)	Ng D. (Hong Kong)
Franco P. (France)	Huang YS. (Taiwan)	Nunes M. (Brazil)

For additional information: [www.pedsleep.org](http://www.pedsleep.org)

### REGISTRATION FEE

Congress Fee	Early bird before Oct. 1 <sup>st</sup>	until Nov. 30 <sup>th</sup>	On-site
Regular	200 €	250 €	400 €
IPSA members	150 €	200 €	300 €
Student/Resident/Fellow/Nurse/Technologist	100 €	150 €	200 €

Day Registration (December 4 <sup>th</sup> - 5 <sup>th</sup> )	50 €	100 €	150 €
Gala dinner	65 €	65 €	65 €

Pre-Congress Course Fee	Early bird before Oct. 1 <sup>st</sup>	until Nov. 30 <sup>th</sup>	On-site
Regular	150 €	200 €	250 €
IPSA members	100 €	150 €	200 €
Student/Resident/Fellow/Nurse/Technologist	75 €	100 €	150 €

### IMPORTANT DATES AND DEADLINES FOR IPSA 2010:

June 10, 2010	Web site available for registration and accomodation
July 31, 2010	Deadline for symposium submissions
August 31, 2010	Acceptance notifications for symposium
September 15, 2010	Deadline for abstract submissions
October 1, 2010	Acceptance notifications for abstracts

### LOCAL SCIENTIFIC COMMITTEE

Oliviero Bruni, Raffaele Ferri, Luana Novelli, Elisabetta Verrillo

### ORGANIZING SECRETARIAT



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CONGRESS OF THE  
INTERNATIONAL PEDIATRIC SLEEP ASSOCIATION  
JOINT MEETING WITH  
PEDIATRIC SLEEP MEDICINE CONFERENCE  
ROME 3<sup>RD</sup>-5<sup>TH</sup> DECEMBER 2010



Congress Venue:  
Sala Capranichetta - Piazza Montecitorio  
Rome (Italy)

## SLEEP HEALTH OF OUR CHILDREN: THE SECRET FOR A DREAM LIFE

The recent research on the importance of sleep for well-being, learning and mental development proves that good sleep in infancy and childhood is a matter of preventive health measures aiming at ensuring a healthy life into adulthood.

The congress will involve opinion leaders in the field of Pediatric Sleep Medicine and will highlight the recent significant advances in both basic science and clinical sleep medicine during development.

The topics selected will aim at offering evidence - based and state-of-the-art information on research and clinical issues of pediatric sleep disorders.

Assembling the two conferences of the IPSA and the Pediatric Sleep Congress will mark the integration of different experienced researchers all over the world and will provide a special opportunity to share knowledge in sleep medicine and research during development.

### PEDIATRIC SLEEP COURSE

December 3<sup>rd</sup> 8:00 am - 4:00 pm

8:00 - 8:30	Introduction (D. Gozal)
8:30 - 9:00	Normative data of sleep during development (Sadeh)
9:00 - 9:30	Application of AASM sleep scoring criteria in children (Bruni)
9:30 - 10:00	How to study sleep in children: new approaches and instruments (Chervin)
10:00 - 10:30	Arousals and SIDS (Franco)
10:30 - 10:45	Coffee break
10:45 - 11:15	Sleep respiratory disturbances in children from snoring to OSAS (Guilleminault)
11:15 - 11:45	Controversies and consensus in treatment of Pediatric Sleep Disordered Breathing (L. Gozal)
11:45 - 12:15	Insomnia in infants and children (Mindell)
12:15 - 12:45	Sleep in adolescence (Kohyama)
12:45 - 14:00	Lunch
14:00 - 14:30	From parasomnia to epilepsy (Nunes)
14:30 - 15:00	The clinical significance of motor activity during sleep (RLS/PLM) (Zucconi)
15:00 - 15:30	Sleepiness and narcolepsy (Plazzi)
15:30 - 16:00	A Rational Approach to Pharmacologic Treatment of Sleep Disorders in Children (Owens)
16:00 - 16:15	Concluding remarks

## CONGRESS

### 3<sup>RD</sup> DECEMBER:

7:00 - 16:00	Registration
16:30 - 17:00	Welcome
17:00 - 18:00	Key-note lecture
18:00 - 19:00	Oral presentations /Poster
19:30	Welcome Dinner (sponsored)

### 4<sup>TH</sup> DECEMBER:

8:15 - 9:45	Symposium: Arousals and mechanisms of SIDS
9:45 - 10:00	Break
10:00 - 11:30	Open Symposium
11:30 - 12:30	Oral Presentations /Poster
12:30 - 13:30	Meet the Professor /Lunch
14:00 - 15:30	Symposium: Abnormal behaviors/movements during sleep and epilepsy
15:30 - 15:45	Break
15:45 - 17:15	Symposium: The sleep deprived and sleepy child
17:15 - 17:30	Break
17:30 - 18:30	Sponsored symposium
19:30 - 21:00	Gala dinner

### 5<sup>TH</sup> DECEMBER

8:15 - 9:45	Open Symposium
9:45 - 10:00	Break
10:00 - 11:30	Symposium: Treatment of pediatric insomnia
11:30 - 12:30	Oral presentations /Poster
12:30 - 13:30	Meet the Professor /Lunch
14:00 - 15:30	Open Symposium
15:30 - 15:45	Break
15:45 - 16:45	IPSA General Meeting
16:45 - 17:00	Closing remarks



## Call for Symposia

### Deadline for receipt of proposals is July 31, 2010

(send your proposals by email to the IPSA secretary, [info@pedsleep.org](mailto:info@pedsleep.org))

The success of the IPSA Congress in Rome ([www.pedsleep.org](http://www.pedsleep.org)) will be strongly influenced by the symposia topics. With this *call for symposia* all members of IPSA and all experts involved in pediatric sleep are invited to contribute to the programme by proposing a symposium for the IPSA congress.

We have 4 slots open for symposium proposals. The duration of each symposium is 1.5 hours. There should be no more than 4 speakers (15 minutes presentation + 5 minutes discussion followed by 10 minutes of final discussion).

Note that speakers proposed for the symposium should have agreed to participate. Please send your proposals by email to the IPSA secretary ([info@pedsleep.org](mailto:info@pedsleep.org)) **before** June 30, 2010. No other way of delivery, other than electronically, will be accepted.

The submission of the symposia should follow the structure presented below:

\_\_\_\_\_

**Title:**

\_\_\_\_\_

**Proposer:** Name, full address and e-mail:

\_\_\_\_\_

**Summary** of intention and reasons why the symposium should be considered:

\_\_\_\_\_

**Chairperson:** Name / Affiliation

\_\_\_\_\_

**Speaker 1:** Name / Title of contribution / Affiliation

\_\_\_\_\_

**Speaker 2:** Name / Title of contribution / Affiliation

\_\_\_\_\_

**Speaker 3:** Name / Title of contribution / Affiliation

\_\_\_\_\_

**Speaker 4:** Name / Title of contribution / Affiliation

Our sincere thank to all our sponsors who have generously contributed to the realization of the Congress